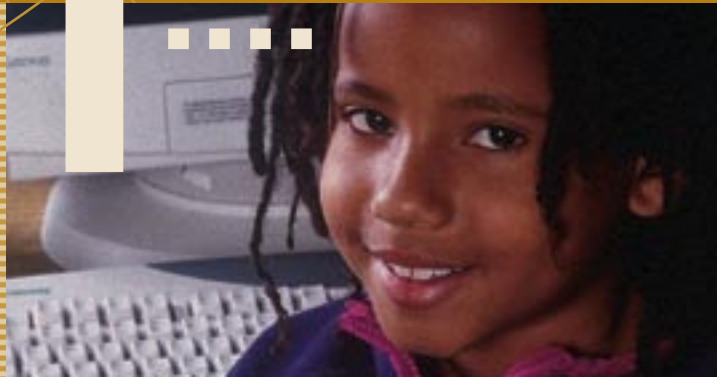


Building Connections

01



2001  
ANNUAL REPORT

COVER STORY:

Work & Health Initiative



The  
California Wellness  
Foundation

*Grantmaking for a Healthier California*

## THE CALIFORNIA WELLNESS FOUNDATION 2001 ANNUAL REPORT

*All images and quotes featured throughout this report represent the diverse populations served by the grantees of The California Wellness Foundation. We thank them all for their participation in the production of our annual report.*

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If there are two words that best sum up The California Wellness Foundation's experience during fiscal year 2000-01, they would be "major transition." During this 12-month period, the Foundation instituted a significant shift in our grant-making by moving away from our previous proactive, initiative style of grant-making to a more responsive approach, with at least half of our annual grant-making provided for core operating support.

The response to this shift has been overwhelmingly positive. Feedback from applicants, grantees and many philanthropic colleagues agree that the Foundation's action to increase core operating grants for the nonprofit sector is needed. It is our hope that our commitment to this type of funding is filling a void among nonprofit organizations because the sector has been dealing, for some time, with shrinking government dollars and a large block of philanthropic funding largely devoted to innovative, new projects.

### *The Year in Review: Grantmaking Program*

The Foundation completed its final year of operation under the Board of Director's 1995 decision to concentrate its grantmaking over an extended period of time in five key areas: community health, population health improvement, teenage pregnancy prevention, violence prevention and work and health. We awarded 379 grants for \$39 million, and the majority of our funding was dedicated to strategic initiatives within the five areas that represented coherent, integrated programs of grantmaking designed to focus resources intensively on an issue for a sufficient period of time to have a significant impact. >



Gary L. Yates, President & CEO  
Barbara S. Marshall, R.N. Chair

In recognition of the need to remain open to proposals from the community, the Foundation also accepts unsolicited requests for funding in each priority area that focuses on providing core operating support for direct-service organizations, and operates a Special Projects Fund that continues to allow us to respond to creative ideas and timely issues in areas, other than our priorities, that can affect the health of Californians.

Over this past year, there were many grantee achievements. One of our Special Projects Fund grantees, the PICO California Project, had success advocating for significant changes in the Healthy Families insurance program and an increase in the Expanded Access to Primary Care program.

The public policy grantees for the Foundation's Violence Prevention Initiative played a key role in educating the California Legislature and the governor about the need to increase resources for violence prevention, resulting in a substantial increase for such programs in the state's budget. The Teen Pregnancy Prevention Initiative's public education campaign produced a report on access to contraception that helped inform providers about the reproductive health needs of teens.

The Work and Health Initiative's Health Insurance Policy Program issued its fifth annual report titled "The State of Health Insurance in California" and presented its "Insuring the Uninsured" conference – both of which attracted a high-level policy audience in Sacramento.

Several grantees within the Children and Youth Community Health Initiative are establishing linkages with local policy officials, decision makers and key stakeholders. Elected officials are recognizing the community voice and perspective and incorporating it into their decision making.

Space does not permit us to mention all grantmaking activities, but we invite you to see the grants section for a comprehensive list of organizations and leaders. >

*Major Change in Our Grantmaking  
Communicated to California Nonprofits*

In May of 2001, the Foundation announced the launch of eight priority areas effective July 2001. They are diversity in the health professions, environmental health, healthy aging, mental health, teenage pregnancy prevention, violence prevention, women's health and work and health.

A concerted effort by the Foundation to communicate these priority areas included disseminating a new brochure titled "Information for Grant Seekers," redesigning and enhancing www.tcwf.org and proactively reaching out to new segments of California's nonprofit world. Our goal was to communicate the new areas of funding and emphasis on core operating support to old and new audiences alike.

We will keep you posted on the response to our new style of grantmaking, which has already spawned a significant increase in the number of funding requests we typically receive.

*Cover Story: Work and Health Initiative*

Our tradition of providing an in-depth report on the work of grantees continues with this year's annual report cover story, which is devoted to the Foundation's five-year, \$20 million Work and Health Initiative. Approved by the Board in January 1995, it completed its grantmaking period at the end of fiscal year 2001.

**Our emphasis is now  
on funding core  
operating support.**

There is a substantial body of research that connects work with health. The employed have better health status than the unemployed and at every income level health status improves. Therefore, the higher the salary and health benefits, the more likely workers are to enjoy good health. To address these health issues, the Foundation's Work and Health Initiative had four distinct components complemented by an Initiative-wide evaluation. The following pages tell the stories of the people and institutions who were served by Foundation grantees that addressed work and health through the Initiative's components: Computers In Our Future, the Health Insurance Policy Program, Winning New Jobs, and the Future of Work and Health. >

We hope you will find their stories, research and policy work informative. We believe that you will agree, as we have found through this grantmaking experience, that a good job is one of California's best health promotion strategies.

Sincerely,



Barbara S. Marshall, R.N.  
*Chair*



Gary L. Yates  
*President & CEO*

## Computers In Our Future

**Computer Technology Center Sites**  
(\$525,000 each over four years):

BreakAway Technologies  
Los Angeles

C.T. Learning, Inc.  
Fresno

Career Resources Development  
Center, Inc.  
San Francisco

Central Union High School District  
El Centro

The Foundation for Santa Barbara  
City College

Karuk Tribe of California  
Happy Camp

P.F. Bresee Foundation  
Los Angeles

Plumas County Health Services

San Diego Housing Commission

University of California, Riverside

5 **Women's Economic Agenda Project**  
Oakland

**Statewide Program Coordination  
and Technical Assistance Team**  
(\$1,715,000 over four years):

Community Partners (lead)  
Los Angeles

The Children's Partnership  
Los Angeles

CompuMentor  
San Francisco

**Total Computers In Our Future:**  
\$7,490,000

## Health Insurance Policy Program

California Small Business Education  
Foundation (\$50,000 over six months)  
Los Angeles

Center for Governmental  
Studies/Insure the Uninsured Project  
(\$880,000 over four years)  
Los Angeles

University of California, Los Angeles,  
Center for Health Policy Research  
(\$190,000 over one year)

University of California, Berkeley,  
School of Public Health (\$1,513,750  
over four years and six months)

**Total Health Insurance Policy Program:**  
\$2,633,750

## Future of Work & Health

American Institutes for Research in  
the Behavioral Sciences (\$98,000 over  
two years)  
Washington, D.C.

California Institute for Rural Health  
Management (\$60,000 over two years)  
Oakland

Center for Health Improvement, Inc.  
(\$250,000 over two years)  
Sacramento

FAME Assistance Corporation (\$80,000  
over two years)  
Los Angeles

Industrial Areas Foundation — West  
Coast Vision (\$130,000 over two years)  
San Francisco

The Institute for the Future (\$943,035  
over one year and three months)  
Menlo Park

Institute of Regional and Urban Studies  
(\$580,000 over four years)  
Palo Alto

Kaiser Foundation Research Institute  
(\$157,000 over two years)  
Oakland

National Economic Development and  
Law Center (\$160,000 over two years)  
Oakland

Pacific News Service (\$100,000 over  
one year)  
San Francisco

University of California, Irvine (\$65,000  
over one year)

University of California, Los Angeles  
(\$152,000 over two years)

University of California, San Francisco  
(\$188,000 over two years)

University of California, San Francisco,  
Institute for Health Policy Studies  
(\$788,400 over four years and  
three months)

**Total Future of Work and Health:**  
\$3,751,435

## Winning New Jobs

**Demonstration Project Implementation**  
(\$1,000,000 each over four years):

Los Angeles County Office of Education

NOVA Private Industry Council  
City of Sunnyvale

Proteus, Inc.  
Visalia

**Statewide Program Coordination:**

Manpower Demonstration Research  
Corporation (\$1,524,000 over four  
years)  
San Francisco

**Total Winning New Jobs:**  
\$4,524,000

## Initiative Support

The CompuMentor Project (\$107,000  
over two years)  
San Francisco

Education Programs Associates  
(\$130,000 over one year)  
Campbell

**Total Initiative Support:**  
\$237,000

## Evaluation of the Initiative

Claremont Graduate University  
(\$1,440,000 over six years)

**Grand Total:**  
\$20,076,185

**Finding and holding a job is not what it used to be. There was a time when most blue- and white-collar workers alike could find jobs that offered security, long-term prospects for professional advancement and generous benefits — chief among them, solid health coverage that provided peace of mind for employees and their families. But that era is now passing thanks to dramatic changes in our economy and a redefinition of our “contract” with employers. These shifts are having a profound effect on our workforce, most notably in the area of health.**

Work influences health and wellness. Unemployment is linked to negative physical and mental health. Research indicates that a person’s health improves as his or her income level rises, yet access to higher-wage jobs is typically available to only the best educated and most skilled workers. The health of low-income workers often suffers not only because of physical hazards associated with

their jobs, but also because they lack access to adequate health insurance and cannot afford quality health services for their families, which can help prevent serious illnesses.

There is no question that a good job is one of California’s best health promotion strategies. But changes in the workplace, such as increasing reliance on technology, jobs

requiring higher education, and temporary and contract workers replacing staff personnel, contribute to the health status gap between the rich and poor. These changes make it harder for many to find good jobs that provide

affordable health insurance, advancement potential and salaries that go beyond covering only basic needs like food, shelter and medical expenses, and also allow families to plan for their futures. >

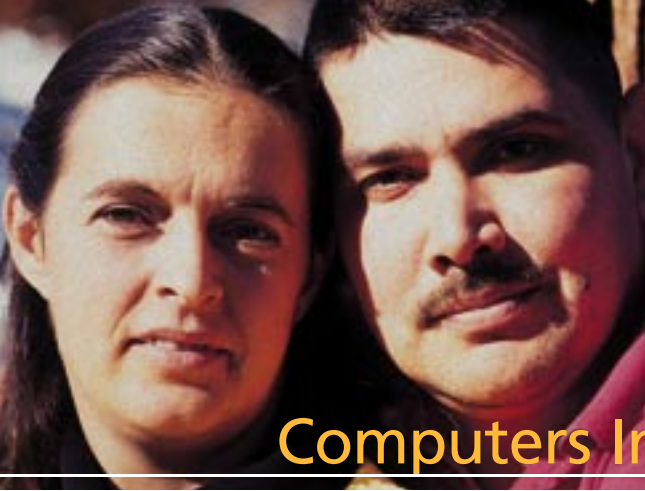
**“A good job is one of California’s best health promotion strategies.”**



In 1995, The California Wellness Foundation committed \$20 million over five years to its Work and Health Initiative. The Foundation provided this funding through four distinct programs of the Initiative, each component addressing central connections between work and health. These programs are Computers In Our Future, the Health Insurance Policy Program, the Future of Work and Health and Winning New Jobs. Funding was also given to Claremont Graduate University to evaluate the Initiative as a whole.

As a result of the Work and Health Initiative's four program components, many changes are evident in the work and health arena. Eleven community-based technology centers across the state were funded and are now providing technological training to youth from low-income neighborhoods to help prepare them for higher-paying jobs that provide health insurance and other benefits. Several thousand unemployed individuals received skills training to help them find new jobs and prevent negative physical and mental health consequences. The need for reliable information among policymakers, health advocates and other stakeholders was addressed through an annual report on the quality and accessibility of health insurance in California — and through research regarding the changing nature of work and its impact on health and wellness.

We invite you to read the following pages, which bring to life the experiences of the Work and Health Initiative's grantees and the people they serve.



Computers In Our Future



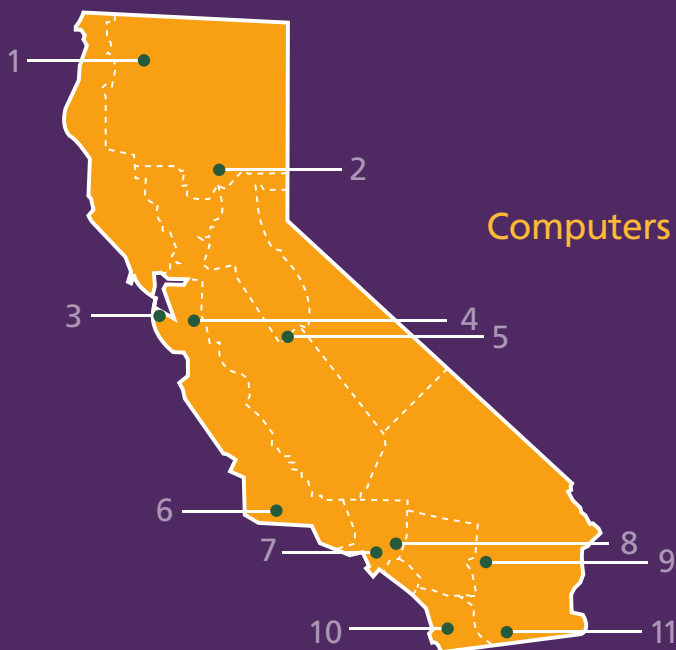
1.

CIOF

We live in a time when a computer can be found in nearly every type of workplace, from retail sales and delivery services to animation and architecture. Those with technology skills win — enjoying the prizes of better-quality jobs with health benefits. Toward this end, the Foundation funded 11 community-based technology centers to help approximately 25,000 low-income people develop computer skills as part of the Computers In Our Future (CIOF) component of the Foundation’s Work and Health Initiative. >

# 1.

## Computers In Our Future



### SITE LOCATIONS >

- |  |   |
|--|---|
| 1 Karuk Tribe of California<br><i>Happy Camp</i>                       | 7 Break Away Technologies<br><i>Los Angeles</i>                             |
| 2 Plumas County Health Services<br><i>Plumas County</i>                | 8 P.F. Bresee Foundation<br><i>Los Angeles</i>                              |
| 3 Career Resources<br>Development Center, Inc.<br><i>San Francisco</i> | 9 Center for Virtual Research<br><i>University of California, Riverside</i> |
| 4 Women’s Economic<br>Agenda Project<br><i>Oakland</i>                 | 10 San Diego Housing<br>Commission/Casa Familiar<br><i>San Ysidro</i>       |
| 5 C.T. Learning, Inc.<br><i>Fresno</i>                                 | 11 Central Union High School District<br><i>El Centro</i>                   |
| 6 Santa Barbara City College<br><i>Santa Barbara</i>                   |   |

Source: [www.ciof.org](http://www.ciof.org)



*The Happy Camp CIOF site of the Karuk Tribe of California is an example of how community technology centers can positively affect their communities.*

Happy Camp, a small, isolated community of about 1,200 people, is located in the Klamath River Valley area of Siskiyou County. Its economy had depended on the timber industry until it collapsed in the early 1990s, prompting the community to search for new opportunities.

Once it received a CIOF grant, Happy Camp transformed the band room in the local high school into a technology center. The whole town started learning computer applications, and soon people from other towns were coming in to use the services. This prompted the opening of a second center 40 miles from the Happy Camp site. During the grant period, a third of the 4,000 people living in the Klamath River Valley area accessed CIOF computers and received technology education.

10

CONTINUED ON PG. 13 >

The CIOF sites provide an array of computer courses including word processing, desktop publishing, web design and computer maintenance. In addition to offering technology education, all sites have open-access periods, and most operate centers during day, evening and weekend hours to better meet the needs of the low-income families they serve.

The sites are different in many ways. Some centers began the four-year grant period with an existing computer center, while others started from scratch. All of the CIOF centers are located in culturally and geographically diverse, low-income communities where access to technology is limited. Sites range from urban centers such as the Women's Economic Agenda Project in Oakland and BreakAway Technologies in South Los Angeles, both of which serve largely African-American and Latino families, and the Career Resources Development Center in the Tenderloin District of San Francisco, which serves primarily Chinese and Southeast Asian youth and young adults. This geographic diversity extends to agricultural communities, such as C.T. Learning in Fresno and the Central Union High School District in Imperial County near the Mexican border.

In mountainous Plumas County, where the local population is estimated at eight people per square mile, the local health services department identified the need for residents to have access to computers for skills training and health information. >





“Residents are not only gaining skills that make them more competitive in the job market, but are also able to access needed health information that they previously had to drive miles to receive,” said Louise Steenkamp, executive director of the Plumas County Health Department’s CIOF site. “For example, people can use the computers to get information on where they can access nearby specialty care providers.”

All CIOF sites were challenged to focus primarily on getting young people preparing to enter the job market access to computers and technology training. Some sites had trouble attracting youth, while other sites surpassed their service goals. The centers most successful at reaching young people often hired youth from within the community as instructors and were nestled in community service organizations that were already serving young people.

11

“We serve many youth who have dropped out of school, are on probation or have been involved with gangs,” said Andrea Skorepa, executive director of Casa Familiar, the San Diego Housing Commission’s CIOF site. “They’ll come in to use the gym or meet friends and then they see the computers and are drawn to the technology. Soon they’re hooked! It’s great to see them develop job skills and advance towards healthier futures.”

When the CIOF model was created, the Foundation assumed the sites would use existing technology training curricula. However, many CIOF center users had never used a computer or a mouse, and the existing computer curricula were designed for more experienced users. Most sites developed their own curricula specific to the needs of their target population.

“We wrote our own curriculum so that it would be youth-focused and appropriate for low-literacy levels,” said Rev. Jeff Carr, executive director of Bresee Foundation, a faith-based, multiservice CIOF site located in the most densely populated, high-poverty area of Los Angeles.

Some sites, such as Santa Barbara City College, saw the need to provide bilingual computer applications instruction. >

## User Profile of CIOF Technology Centers

- > *About 60% of adults have a high school education or less.*
- > *Approximately 80% are people of color.*
- > *More than 60% had not used a computer before or considered themselves beginners.*

*Source: Claremont Graduate University evaluation, 2001*



## the future.

“We knew we had to offer computer skills workshops in Spanish to serve our local families — many of whom depend on tourism and other seasonal work,” said José Martinez, director of the Santa Barbara City College CIOF site. “We saw the need for technology skills training that could lead to a wider range of job prospects and better educational opportunities.”

As part of Claremont Graduate University’s evaluation of the Foundation’s Work and Health Initiative, all sites were required to collect data related to the age, gender and ethnicity of center users, as well as data on services accessed. Program staff at many sites had little experience in participating in an evaluation and found it difficult to find time to fill out the necessary forms amid their regular service-provider responsibilities. However, once grantees saw how valuable evaluation data were for informing programmatic decision making and fundraising, they became more enthusiastic partners with the evaluation team.

In addition to running the CIOF centers and collecting evaluation data, grantees were challenged to become a technology resource within their communities and a voice for public policies that support technology and training in low-income communities.

“This model presented many challenges — getting community-accessible sites, developing curriculum, collecting evaluation data, placing participants in jobs, developing our policy advocacy skills,” said Richard Chabrán, director of the University of California, Riverside’s CIOF site. “Doing all this at once while teaching people how to use technology made for a very rich experience. If it had not been designed this way, we would not have learned as much.” >

CONTINUED FROM PG. 11

Before the CIOF program was implemented at Happy Camp, less than 10 percent of its residents had computers; now more than 70 percent have computers. None of the elementary or high schools had training in technology; now they all offer it and are integrating computers in classrooms with technology training provided to teachers.

Prior to the CIOF program, most business and community service organizations did not use computers; now they are all computerized. The few businesses that were computerized used to send their staff miles away to Redding to receive technology training; now the CIOF staff provides the training in town, saving businesses money and allowing them to expand professional development opportunities to more employees.

“Our community is healthier as a result of this project,” said Michael Trombetta, director of the Karuk Tribe’s Happy Camp Computer Center. “People have healthier attitudes and increased self-worth. More people are working, and more of our young people are seeking higher education. I love being part of something of such significance to our community.”

**Given the complexity of the CIOF model, the Foundation provided funding for technical assistance to all 11 sites. Community Partners served as lead agency for a program coordination team that included The Children’s Partnership and CompuMentor, which provided the sites with focused training and ongoing support on a wide range of topics including building organizational capacity, management, technology logistics, developing corporate partnerships, public policy advocacy and sustainability. The support that the program coordination team provided included raising \$1.6 million in cash and in-kind corporate support for the 11 sites.**

Community Partners was also charged with statewide coordination of the CIOF component.

“CIOF center leaders quickly saw the value in a statewide network of all 11 sites,” said Linda Fowells, vice president of programs and public affairs of Community Partners. “Our semiannual conferences helped foster this and allowed grantees to share lessons learned and even develop joint fundraising strategies.”

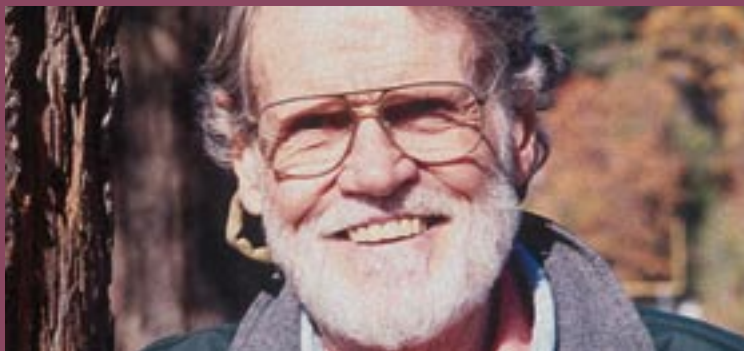
The CIOF network is sustaining its work since the grant period ended and has been successful in a number of its joint fundraising efforts — among them, a grant of \$700,000 from the Governor’s Workforce Investment Act discretionary fund.

CIOF demonstrated that with financial and technical support, centers could not only provide needed computer skills training to those previously unreached, but they could also benefit their communities as advocates for policies that support technology access for the underserved and develop into local technology experts.



# 2... HIPP

Health Insurance Policy Program

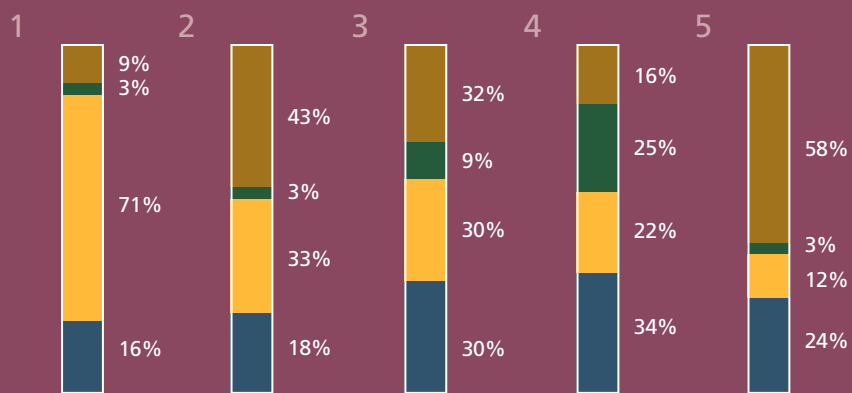




# 2..

Research indicates that individuals with medical insurance enjoy better health than those without it. Unfortunately, in California more than 6.8 million residents lack health insurance coverage.

Efforts to expand access to health insurance need to involve a wide range of people including health-care providers, employers, consumers, news media professionals, educators, policymakers and researchers. All of these constituents need up-to-date and accurate information to help them determine the most effective strategies to increase the number of insured people in the workforce. >



**HEALTH INSURANCE COVERAGE OF CHILDREN BY FAMILY WORK STATUS >**  
Ages 0-18, California, 1999

- |                                 |  |
|---------------------------------|--|
| 1 Full-time, Full-year Employee | <span style="color: gold;">■</span> MEDI-CAL                       |
| 2 Full-time, Part-year Employee | <span style="color: green;">■</span> PRIVATELY PURCHASED INSURANCE |
| 3 Part-time Employee            | <span style="color: yellow;">■</span> JOB-BASED INSURANCE          |
| 4 Self-employed                 | <span style="color: darkblue;">■</span> UNINSURED                  |
| 5 Nonworking Family             |  |

Source: *The State of Health Insurance in California, March 2001*

The Foundation funded the Health Insurance Policy Program (HIPP) of the Work and Health Initiative to educate policymakers and opinion leaders about the availability, costs and quality of the state's employer-sponsored health insurance, and to help inform policies designed to increase the number of residents who have health coverage. The HIPP achieved this through three goals: disseminating an annual report, supporting efforts to expand Californians' access to health insurance and sponsoring an annual conference for policymakers and advocates.

The HIPP annual report was jointly developed and disseminated by the Center for Health and Public Policy Studies at UC Berkeley, under the direction of Helen H. Schauffler, and the UCLA Center for Health Policy Research, under the direction of E. Richard Brown, to inform decision makers regarding the state of health insurance in California. Team members developed policy briefs and related publications for broad dissemination to inform policymakers, the media and the public. They also provided recommendations for policies to expand health insurance availability.

Over the HIPP's five-year grant period, the annual report on health insurance coverage in California has filled a niche for health insurance data. The data are considered credible and reliable, and the report is viewed as a resource by legislators, health policy advocates, the media and others. >



The process of developing the annual report has had its challenges. Most notably, it was difficult to generate significant traction in Sacramento when the governor had not made the issue of health insurance a high priority. Nonetheless, a significant number of legislative proposals were informed by data from HIPP and other Work and Health Initiative convenings.

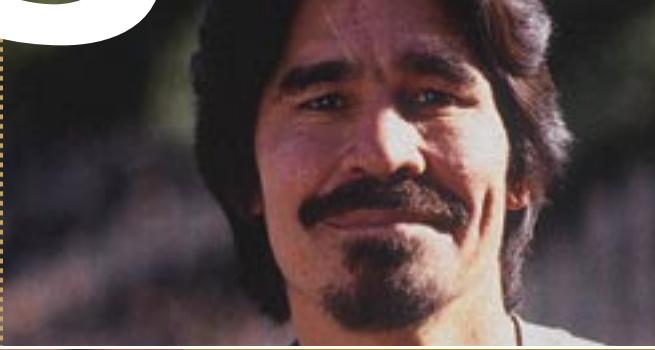
“HIPP provides valuable information to legislators and advocacy groups, who use the data to promote policies aimed at raising awareness about the status of health insurance in California,” Brown said. “Good data should lead to good policy decisions.”

In addition to funding research to define the scope and nature of the insurance problem, HIPP funded a grant to the Center for Governmental Studies for the Insure the Uninsured Program to support action-oriented strategies to expand access to health insurance. Through workgroups and annual conferences, a forum was provided for health care leaders to develop, discuss and disseminate solutions to increase coverage for the uninsured. This was the only statewide conference that brought health policy and community advocates together with institutional representatives, academicians, legislative staff and government department heads to discuss the issue of the uninsured.

**“There are many stakeholders and interests involved in addressing the issue of the uninsured,” said Lucien Wulsin, project director of the Insure the Uninsured Program. “HIPP has taken an appropriate position by focusing on getting information into the hands of people who are creating solutions.”**

*promote policies*

# 3...



## FWH

Future of Work & Health



## Future of Work & Health

While common sense may tell us there is a connection between work and health, research and data related to this area are scarce. To address this lack of information, the Foundation funded the research-focused Future of Work and Health component of the Work and Health Initiative. This component seeks to understand the rapidly changing nature of work and its effect on the health of Californians. >

3...





**“People who care very much about health in California work in silos, independently. There is enormous benefit in introducing folks who work in health and those in workforce and economic issues. We need to build connections.”**

Steve Levy, Institute of Regional and Urban Studies  
 Director and Senior Economist

The Institute of Regional and Urban Studies (IRUS) received a Foundation grant to help focus the research. A diverse panel representing economists, business people, labor leaders and public health professionals determined that the research should concentrate on three areas: getting left behind by a changing economy; a widening of income inequality; and the changing “contract” between employer and employees.

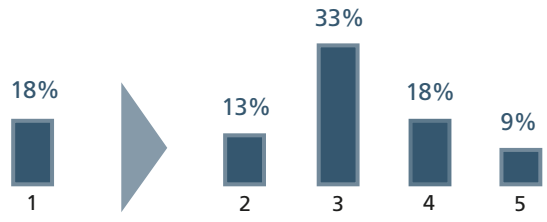
“Our discussion enabled us to see the linkages between the economy and how it affects the workplace and the health of those employed — or not employed,” said Steve Levy, IRUS director and senior economist. “It opened up the idea that those who care about health should also care about good jobs.”

To begin gathering a body of data in this area, the Foundation funded the Institute for Health Policy Studies at the University of California, San Francisco, to design and conduct a three-year longitudinal survey of a representative sample of Californians to better understand important work and health connections.

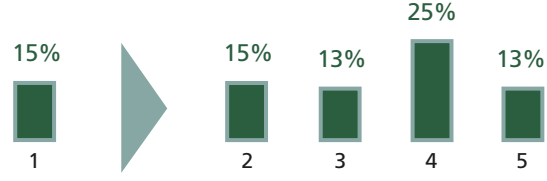
“Because of the longitudinal nature of the survey, we’ve been able to describe some of the profound changes in the employment picture and the impact work has on health, some of the implications for families, and what happens to health when people lose jobs,” said Ed Yelin, principal investigator. >

**The 2000 California Work and Health Survey >**

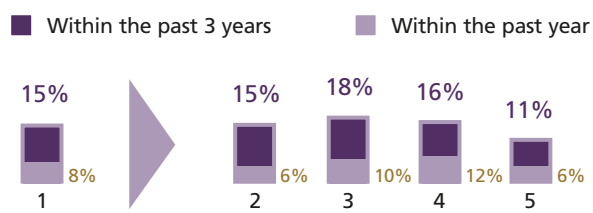
**WORKERS WITHOUT ANY HEALTH INSURANCE**



**WORKERS WHO REPORT HAVING “HIGH BLOOD PRESSURE”**



**WORKERS WHO HAVE LOST A JOB...**



- 1 Total CA workers
- 2 White non-Hispanic
- 3 Latino
- 4 Black/African-American
- 5 Asian (includes English-speaking only)

Source: Institute for Health Policy Studies, September 2000

Results of the California Work and Health Survey were released on Labor Day each year, 1998 through 2000, and received significant statewide media coverage.

TCWF awarded eight additional small research grants to explore relationships between work and health on specific groups of Californians, such as the over-50 population and low-income ethnic communities.

One such grant was awarded to the California Institute for Rural Health Management, which studied the unique economic environment of California's disparate rural communities — where unemployment rates are almost double those of urban areas.

“Overall, in rural areas, regardless of the types of businesses, there are fewer well-paid jobs and not much upward mobility,” said Luisa Buada, former executive director of the institute. “These factors lead to inadequate or no health insurance and lack of a living wage, which together affect health more than anything.”

Researchers from all areas of the Future of Work and Health component convened several times throughout the grant period to highlight their findings and to understand commonalities across diverse disciplines.

Researchers have established clear links between economics and health. We have learned that higher incomes are linked to longer life expectancies and that people who live in low-income, underserved communities tend to live shorter lives. Through the work of these grantees, the Foundation has facilitated bringing people together to begin talking about how to improve work and working conditions for the health of all Californians.



WNIJ

4....

Winning New Jobs







## Winning New Jobs

Research shows that job loss and unemployment are associated with increased incidences of depression and unhealthy behaviors such as substance abuse, poor diet and lack of physical exercise. This creates a vicious circle, since people who experience poor mental or physical health are more likely to remain unemployed.

Mindful of these findings, the Work and Health Initiative incorporated a program that helps those who've lost their jobs acquire the skills to buffer them against negative mental and physical problems and become reemployed. The program, Winning New Jobs (WNJ), is the California implementation of a model originally developed by the University of Michigan's Prevention Research Center. >

4....

Participants diverse in age and ethnicity accessed the WNJ program from three sites throughout the state: NOVA in the Silicon Valley; Proteus, Inc., in Fresno; and the Los Angeles County Office of Education (LACOE). The Manpower Demonstration Research Corporation (MDRC) provided site and conference coordination and technical assistance services.

“The sites usually rely on funding streams that allow them to serve people who meet specific eligibility requirements, like welfare recipients, or the length of time of their unemployment,” said Sharon Rowser of MDRC. “WNJ gave them the opportunity to serve those they used to have to turn away.”

The WNJ program is typically implemented as a five-day series of four-hour interactive workshops. Participants aren’t lectured to — rather, they are encouraged to discover their own solutions. Job seekers learn how to think from an employer’s point of view through participation in role-plays and other experiential exercises.

“We found that those who’d been unemployed longer often had marketable skills but needed help in selling themselves during the interview process — WNJ addressed this issue,” said Judith Gentry of NOVA. >



**“My concept of how work affects health has changed tremendously – most notably, how the emotional stress of unemployment affects mental health,” said David McElwain of LACOE. “It’s made me realize how important it is to have community-based mental health services readily available.”**

Although WNJ was designed during a recession and implemented during a boom economy, the sites were able to surmount recruitment obstacles and meet service goals, providing 455 WNJ workshops to 5,290 unemployed Californians. Participants were unemployed for an average of 14 months before enrolling in WNJ — considerably longer than the two months of unemployment typical of the original Michigan group. Nonetheless, comparable percentages of Californians found work echoing the Michigan studies. Thirty days after the workshop, 36 percent of California participants had found work, a number that increased to 65 percent by six months. Of those, 61 percent were in their chosen occupations and employed in full-time positions with health benefits.

“The program demonstrated positive impacts on people whether or not they became employed right away,” said Richard H. Price of the Michigan Prevention Research Center, who helped create the model and subcontracted to the MDRC to provide training to WNJ program facilitators. “Yes, they got better jobs, but outcomes indicate that they also prevented the deterioration of their mental health.”

One of the three WNJ sites, Proteus, Inc. — a community-based, multiservice organization — has integrated the program into their permanent service “menu.” LACOE and NOVA faced challenges in sustaining the program, largely because of changes in key public funding sources that represented their primary means of support.

“We have made the program a continuing part of our services now,” said Andrew Candidate, group facilitator at Proteus. “When we started, we offered it at one of our sites in the Fresno area. Now we provide it at 10 [sites].”

The MDRC helped disseminate the WNJ model through conference presentations, a brochure and videotape. These efforts resulted in 14 additional sites being trained to deliver the WNJ program, of which five are actively running WNJ workshops. Apart from the 14 sites, 10 organizations that partnered with the three original sites are also conducting the WNJ workshops.

“My concept of how work affects health has changed tremendously – most notably, how the emotional stress of unemployment affects mental health,” said David McElwain of LACOE. “It’s made me realize how important it is to have community-based mental health services readily available.”

The Foundation makes grants within eight priority areas and a Special Projects Fund. We encourage requests for core operating support, but requests for project funding are also welcome. Core operating support can be used to help underwrite the regular, ongoing health promotion and disease prevention activities of your organization. Such funds can also be used to strengthen organizational infrastructure through activities such as providing salaries for key administrative staff, covering operating expenses, engaging in strategic planning or facilitating board development.

Each priority area and the Special Projects Fund are described in the following pages. >

## APPLICATION PROCESS

To present The California Wellness Foundation with a grant request, an organization should first write a one- to two-page letter of interest that describes the organization's mission and activities, the region and population(s) served, how the funds will be used and the total funds requested. If requesting project funding, please include project goals, leadership and duration. Your letter will be processed most accurately if you clearly designate the priority area through which you want your request considered for funding. No application form is needed, and formal proposals are not accepted at this preliminary stage.

Foundation staff will review letters of interest on an ongoing basis and notify prospective applicants of the results normally within three to four months. Those encouraged to submit a proposal will receive further guidance at that time.

## ELIGIBILITY CRITERIA

With rare exception, the Foundation funds nonprofit organizations that are exempt under Section 501(c)(3) of the Internal Revenue Code and are deemed as "not a private foundation" under Section 509(a). The Foundation also funds government agencies.

Grants are not generally awarded for annual fund drives, building campaigns, major equipment or biomedical research. Activities that exclusively benefit the members of sectarian or religious organizations are not considered.

### Letters of interest should be directed to:

Director of Grants Administration  
The California Wellness Foundation  
6320 Canoga Avenue, Suite 1700  
Woodland Hills, CA 91367

## **Diversity in the Health Professions**

The goal of this priority area is to support multiple strategies to increase diversity in the health professions in California. Grants are commonly given to organizations that provide pipeline programs, scholarships, mentoring programs, internships and fellowships that support and advance career opportunities for people of color in the health professions, including allied health and public health professions. Organizations that support people of color in the health professions through strategic partnerships, leadership development, continuing education and networking activities are also eligible for funding. In addition, the Foundation funds organizations that educate policymakers about public and institutional policies that promote diversity in the health professions.

## **Environmental Health**

The goal of this priority area is to support and strengthen organizations working to alleviate the disproportionate health costs of environmental hazards for children and low-income communities of color. Grants are commonly given to organizations that provide environmental health education and awareness activities, community organizing to promote environmental health, screening and testing for environmental health exposure, leadership development, and partnerships between public health departments and community-based health programs to improve environmental health. The Foundation also funds efforts to inform policymakers and advocate for policies that could improve environmental health among underserved populations.

## **Healthy Aging**

The goal of this priority area is to support and strengthen organizations that improve functional independence and the quality of healthy years of life among older Californians. Grants are commonly given to organizations that provide clinical preventive services, leadership development, recreation programs, food and nutrition services, consumer education, adult immunizations, family caregiving and chronic disease management. Also funded are organizations that support relationships between youth and older adults through activities such as intergenerational volunteering and mentoring. In addition, the Foundation funds agencies that educate policymakers about issues such as prescription drugs, family caregiving, employment, elder abuse and appropriate and affordable housing for the elderly. >

### **Mental Health**

The goal of this priority area is to support and strengthen existing mental health organizations, increase visibility for the field of mental health, expand knowledge about effective services and decrease stigma. Grants are commonly given to organizations that provide primary and secondary prevention services for older teens transitioning to adulthood, with a focus on those in foster care, the juvenile justice system and runaway/homeless youth. Services for other underserved populations, such as homeless adults and immigrants, are funded as well. In addition, the Foundation funds organizations that provide leadership development programs for mental health professionals, increase public awareness of mental health issues and advocate for policies that promote mental health.



### **Teenage Pregnancy Prevention**

The goal of this priority area is to support and strengthen organizations that work to decrease rates of teen pregnancy and promote healthy adolescent sexuality. Grants are commonly given to organizations that provide outreach activities for reproductive health care, comprehensive sexuality education, access to contraception, education and counseling about contraception, comprehensive programs for pregnant teens, peer counseling programs and male-involvement programs. An emphasis is placed on funding organizations that work with high-risk, sexually active, underserved teen populations. The Foundation also provides grants to organizations that provide leadership development activities for reproductive health care workers and to organizations that inform policymakers and opinion leaders about effective policies and programs to prevent teen pregnancy.

### **Violence Prevention**

The goal of this priority area is to support and strengthen organizations that work to prevent violence against youth. An emphasis is placed on grants to organizations that provide mentoring programs for youth, community-based conflict resolution programs, domestic violence prevention, peer mediation, after-school programs and school-based violence prevention programs. Grants are also made to organizations that provide leadership development activities for violence prevention workers. In addition, the Foundation funds organizations that inform policymakers and advocate for public policies that increase resources for programs that prevent violence against youth and that reduce injury and death by firearms. >

## Women's Health

The goal of this priority area is to support and strengthen organizations that work to improve access to women-centered, culturally appropriate health care and increase the active involvement of women in the health policy arena. Grants are commonly given to organizations that provide clinical services, screenings, prenatal care, mobile health care, self-help groups, community health education and related services. Priority is given to organizations that create welcoming environments for women and girls in underserved communities. The Foundation also funds organizations that involve women in leadership development, policy advocacy and community mobilization around women's health issues.

## Work and Health

The goal of this priority area is to support and strengthen organizations that work to improve the health of vulnerable working populations and the unemployed. Grants are commonly given to organizations that increase workers' access to preventive health care, help prevent workplace injuries and illnesses and provide worksite health promotion programs. Organizations that provide technology training to help low-income youth obtain employment and its corresponding health benefits are also funded. In addition, the Foundation funds organizations that provide leadership development programs

focused on the health of workers. Organizations that educate policymakers about the connections between work and health and promote policies that would improve the health of low-income workers are funded as well.

## Special Projects Fund

Each year, the Foundation sets aside a pool of dollars to respond in a timely fashion to opportunities that fit the Foundation's mission but are outside the eight established priority areas. Of particular interest are proposals to help California communities deal effectively with the health impact of the shift of federal responsibilities for health and human services to state and local levels. The Foundation has made grants to strengthen safety net providers of preventive care, to help low-income consumers understand and navigate changes in the health care system, and to inform public decision making through policy analysis and advocacy. Examples of other areas funded over the past few years include border health, HIV/AIDS prevention, rural health and partnerships with government agencies and other foundations to improve the health of Californians.

### Selected Grants 2000-2001

The following grants were made during fiscal year 2000-2001. These grants may not be indicative of the grants the Foundation will make in the future. Please see page 29 for the current application guidelines or visit our website at <http://www.tcwf.org>.

### INITIATIVE GRANTS

#### Community Health

#### THE IMOYASE GROUP, INC.

Los Angeles, CA  
\$897,000 over two years  
To continue to conduct an evaluation of the Children and Youth Community Health Initiative.

#### NUNN CONSULTING, INC.

Culver City, CA  
\$1,088,000 over one year and six months  
To continue to provide technical assistance and training services for the 10 wellness villages of the Children and Youth Community Health Initiative.

#### Population Health Improvement

#### GROUP HEALTH COOPERATIVE OF PUGET SOUND

Seattle, WA  
\$200,000 over two years  
To provide support for the publication and dissemination of an executive summary of the final Health Improvement Initiative evaluation and for a one-year follow-up evaluation of the Initiative.

#### HEALTH POLICY ASSOCIATES, INC.

San Francisco, CA  
\$75,000 over one year and six months  
To produce and disseminate a special issue of a professional journal on the Health Improvement Initiative.

#### Teenage Pregnancy Prevention

#### CALIFORNIA FAMILY HEALTH COUNCIL, INC.

Los Angeles, CA  
\$2,000,000 over two years  
To support continuation of the Peer Provider Program, which provides reproductive health services for the prevention of teen pregnancy.

#### HEALTH PROFESSIONS EDUCATION FOUNDATION

Sacramento, CA  
\$600,000 over two years  
To develop and implement a statewide Leadership Recognition Program as part of the Teen Pregnancy Prevention Initiative.

#### PHILLIBER RESEARCH ASSOCIATES

Accord, NY  
\$2,600,000 over three years  
To continue to develop and implement the evaluation of the Teen Pregnancy Prevention Initiative.

#### PUBLIC HEALTH INSTITUTE

Berkeley, CA  
\$555,000 over two years  
To provide meeting logistics, annual conference planning and advisory committee support for the Teen Pregnancy Prevention Initiative.

#### Violence Prevention

#### Leadership and Professional Development Program

#### FATHER GREGORY BOYLE

Los Angeles, CA  
\$25,000 over one year  
For the 2000 California Peace Prize Award, which acknowledges the past violence prevention activities of this individual working to address the root causes of violence in his community.

#### MATT SANCHEZ

Santa Barbara, CA  
\$25,000 over one year  
For the 2000 California Peace Prize Award, which acknowledges the past violence prevention activities of this individual working to address the root causes of violence in his community.

#### GIANNA TRAN

Oakland, CA  
\$25,000 over one year  
For the 2000 California Peace Prize Award, which acknowledges the past violence prevention activities of this individual working to address the root causes of violence in her community.

#### Community Action Program

#### COMMUNITY PARTNERS

Los Angeles, CA  
\$135,000 over one year  
To provide technical assistance and training services to the Community Action Program sites of the Violence Prevention Initiative.

#### COMMUNITY WELLNESS PARTNERSHIP

Pomona, CA  
\$160,000 over two years  
To continue to provide community-based youth violence prevention services in the city of Pomona.

#### EYE COUNSELING & CRISIS SERVICES, INC.

Escondido, CA  
\$160,000 over two years  
To continue to provide community-based youth violence prevention services in the city of Escondido.



**INLAND COUNTIES HEALTH SYSTEMS AGENCY**

Riverside, CA  
*\$125,000 over two years*  
To continue to provide community-based youth violence prevention services in the city of Riverside.

**INNERCITY STRUGGLE**

Los Angeles, CA  
*\$300,000 over two years*  
To continue to provide community-based youth violence prevention services in East Los Angeles.

**LA FAMILIA COUNSELING CENTER, INC.**

Sacramento, CA  
*\$112,500 over two years*  
To continue to provide community-based youth violence prevention services in the community of South Sacramento.

**LOS ANGELES COMMISSION ON ASSAULTS AGAINST WOMEN**

Los Angeles, CA  
*\$160,000 over two years*  
To continue to provide community-based youth violence prevention services in the mid-San Fernando Valley.

**NATIONAL ECONOMIC DEVELOPMENT AND LAW CENTER**

Oakland, CA  
*\$135,000 over one year*  
To provide technical assistance and training services to the Community Action Program sites of the Violence Prevention Initiative.

**MISSION NEIGHBORHOOD CENTERS, INC.**

San Francisco, CA  
*\$160,000 over two years*  
To continue to provide community-based youth violence prevention services in the Mission District of San Francisco.

**SANTA CRUZ BARRIOS UNIDOS, INC.**

Santa Cruz, CA  
*\$160,000 over two years*  
To continue to provide community-based youth violence prevention services in Santa Cruz County.

**WEST OAKLAND HEALTH COUNCIL**

Oakland, CA  
*\$160,000 over two years*  
To continue to provide community-based youth violence prevention services in West Oakland.

**Policy and Public Education Program**

**BERKELEY MEDIA STUDIES GROUP**

Berkeley, CA  
*\$150,000 over two years*  
To provide California news consumers with more accurate and comprehensive news on violence and violence prevention.

**CALIFORNIA CHILD, YOUTH & FAMILY COALITION**

Sacramento, CA  
*\$100,000 over two years*  
To support activities that inform opinion leaders, program practitioners, policymakers and the general public about the need for public resources for youth violence prevention.

**CALIFORNIA COUNCIL OF CHURCHES**

Sacramento, CA  
*\$150,000 over two years*  
To support policy education, training and advocacy to promote expanded after-school programs as a violence prevention strategy.

**CENTER ON JUVENILE AND CRIMINAL JUSTICE**

San Francisco, CA  
*\$75,000 over two years*  
To provide technical assistance to policymakers, opinion leaders and community groups about promoting violence prevention and reform within the youth justice system.

**COMMONWEAL**

Bolinas, CA  
*\$200,000 over two years*  
To produce an annual analysis of California's youth violence prevention budget, publish regular policy bulletins, and inform policymakers and opinion leaders about the need to increase resources for youth violence prevention programs.

**I.E. COMMUNICATIONS, LLC**

San Francisco, CA  
*\$2,000,000 over two years*  
To develop and implement a public education campaign to inform policymakers, opinion leaders and the general public about the need to increase resources for youth violence prevention programs.

**LEGAL COMMUNITY AGAINST VIOLENCE**

San Francisco, CA  
*\$125,000 over two years*  
To support the Legal Education and Assistance Project, which provides legal and policy information to policymakers and community leaders to prevent violence against youth.

**MILLION MOM MARCH FOUNDATION — ORANGE COUNTY CHAPTER**

Laguna Hills, CA  
*\$50,000 over two years*  
To educate the general public in Orange County about the danger of firearms and the need for more responsible gun policies.

**NATIONAL CRIME PREVENTION COUNCIL, INC.**

Washington, D.C.

*\$150,000 over two years*

To identify and promote successful strategies that establish and sustain state-level crime and violence prevention policies and practices.

**PUBLIC HEALTH INSTITUTE**

Berkeley, CA

*\$500,000 over one year and six months*

To educate policymakers and opinion leaders about the factors contributing to the decline in violent crime, with a special emphasis on violence by and against youth.

**TRAUMA FOUNDATION, INC.**

San Francisco, CA

*\$1,000,000 over two years*

To support the policy education and advocacy activities of the Pacific Center for Violence Prevention.

**VIOLENCE PREVENTION COALITION OF GREATER LOS ANGELES**

Los Angeles, CA

*\$50,000 over two years*

To educate policymakers and the public about policy changes necessary to prevent youth violence and access to guns.

**WOMEN AGAINST GUN VIOLENCE**

Los Angeles, CA

*\$75,000 over two years*

To inform policymakers, opinion leaders and the general public about effective strategies and policies to help reduce and prevent gun violence.

**Other Violence Prevention Initiative Grants****CALIFORNIA FAMILY HEALTH COUNCIL, INC.**

Los Angeles, CA

*\$650,000 over two years*

To provide logistical, planning and management support for the Violence Prevention Initiative.

**GENERAL GRANTS****Community Health****ASIAN AMERICAN RECOVERY SERVICES, INC.**

San Francisco, CA

*\$100,000 over two years*

For core operating support to maintain substance abuse prevention services.

**ASIAN PACIFIC ENVIRONMENTAL NETWORK**

Oakland, CA

*\$90,000 over two years*

For core operating support to strengthen APEN's capacity to provide health education and develop proactive solutions to community health problems.

**CONTRA COSTA HEALTH SERVICES**

Martinez, CA

*\$100,000 over two years*

For core operating support for the Community Wellness and Prevention Program to strengthen efforts to increase resident participation in creating healthier communities.

**FILIPINO-AMERICAN SERVICE GROUP, INC.**

Los Angeles, CA

*\$80,000 over two years*

To support a culturally appropriate physical activity and health promotion program for older Filipino Americans in Los Angeles County.

**HOMELESS HEALTH CARE LOS ANGELES**

Los Angeles, CA

*\$110,000 over two years*

For core operating support of services to homeless individuals and families in downtown Los Angeles.

**LOS ANGELES WOMEN'S FOUNDATION**

Los Angeles, CA

*\$200,000 over two years*

For core operating support to provide technical assistance and small grants to grassroots women's health organizations in underserved communities of Los Angeles County.

**LULA WASHINGTON CONTEMPORARY DANCE FOUNDATION**

Inglewood, CA

*\$50,000 over two years*

To support "I Do Dance, Not Drugs," a project designed to improve physical fitness, self-esteem and self-discipline among inner-city children in South Los Angeles.

**SHOTS FOR TOTS BY AGE 2**

Sacramento, CA

*\$40,000 over two years*

To support a program to improve the immunization rate for two-year-olds in the Sacramento area.

**SOUTHERN CALIFORNIA INDIAN CENTER, INC.**

Los Angeles, CA

*\$80,000 over two years*

For core operating support to improve the health and nutrition of Native American children and families living in Los Angeles and Orange counties.



**TEAM SURVIVOR CALIFORNIA**

Santa Monica, CA  
*\$60,000 over two years*  
To support fitness, health education and support programs for women cancer survivors in the Greater Los Angeles area.

*Population Health Improvement*

**ARBOR FREE CLINIC**

Palo Alto, CA  
*\$60,000 over two years*  
For core operating support to provide health services to low-income and homeless families in East Palo Alto, Menlo Park and Redwood City.

**ASIAN PACIFIC HEALTH CARE VENTURE, INC.**

Los Angeles, CA  
*\$50,000 over two years*  
For core operating support of a school-based clinic that provides comprehensive primary health care services to youth in Los Angeles.

**CALIFORNIA RURAL INDIAN HEALTH BOARD, INC.**

Sacramento, CA  
*\$100,000 over two years*  
For core operating support to provide health services to Native Americans of rural California.

**THE CENTER FOR CIVIC PARTNERSHIPS**

Sacramento, CA  
*\$200,000 over one year*  
For core operating support of the California Healthy Cities and Communities Program and to provide preventive services in five participating communities.

**CHILDRENS HOSPITAL LOS ANGELES**

Los Angeles, CA  
*\$100,000 over two years*  
For core operating support of preventive health services provided through the Division of Adolescent Medicine.

**THE LOS ANGELES EYE INSTITUTE**

Los Angeles, CA  
*\$100,000 over two years*  
For core operating support to provide vision care for families in South Central Los Angeles.

**MY FRIEND'S PLACE — HOLLYWOOD**

Hollywood, CA  
*\$80,000 over two years*  
For core operating support of a health promotion and disease prevention program serving homeless, low-income and high-risk youth in Hollywood.

**UNIVERSITY MUSLIM MEDICAL ASSOCIATION, INC.**

Los Angeles, CA  
*\$80,000 over two years*  
For core operating support to continue to provide health care access to medically underserved minorities in South Central Los Angeles.

**VENICE FAMILY CLINIC**

Venice, CA  
*\$100,000 over two years*  
For core operating support to strengthen the provision of comprehensive primary health care services to low-income and uninsured community residents.

*Teenage Pregnancy Prevention*

**ECHO PARK BOYS & GIRLS CLUB**

Los Angeles, CA  
*\$50,000 over one year*  
For core operating support of SMART Girls, a teen pregnancy prevention program for girls ages 10 to 17.

**FAMILY HEALTH CARE NETWORK**

Porterville, CA  
*\$75,000 over two years*  
For core operating support of a community health education program to include teen pregnancy prevention and outreach to Latino migrant farmworkers in Tulare County.

**GIRLS INCORPORATED**

Culver City, CA  
*\$75,000 over two years*  
For core operating support of the Preventing Adolescent Pregnancy program.

**MATCH-TWO INC.**

Vallejo, CA  
*\$100,000 over two years*  
To provide mentors for incarcerated youth and to implement the Pre-Release Enrichment Program that focuses on teen pregnancy prevention.

**PLANNED PARENTHOOD OF SAN DIEGO AND RIVERSIDE COUNTIES**

San Diego, CA  
*\$100,000 over two years*  
To implement an outreach and education campaign on the availability of emergency contraception and the confidentiality and scope of services for teens in Riverside County.

**THE REPRODUCTIVE HEALTH TECHNOLOGIES PROJECT, INC.**

Washington, D.C.  
*\$100,000 over two years*  
To support an emergency contraception media and public education campaign in Oakland.

**STUART M. KETCHUM DOWNTOWN YMCA**

Los Angeles, CA  
*\$100,000 over two years*  
To support and expand the youth development program by incorporating a teen pregnancy prevention peer education project for 16- to 18-year-old teens.

**WESTSIDE WOMEN'S HEALTH CENTER**

Santa Monica, CA  
*\$100,000 over two years*  
For core operating support of the Adolescent Health Services program.

**WOMEN AND YOUTH SUPPORTING EACH OTHER**

Los Angeles, CA

*\$100,000 over two years*

For core operating support to provide pregnancy prevention education and mentoring services to middle-school girls.

**YOUNG WOMEN'S CHRISTIAN ASSOCIATION IN SANTA CLARA VALLEY**

San Jose, CA

*\$100,000 over two years*

To support and expand the New Options teen pregnancy prevention program to Latino students at San Jose Academy High School.

*Violence Prevention***BOYS AND GIRLS CLUB OF CHICO CA, INC.**

Chico, CA

*\$75,000 over two years*

For core operating support to provide after-school violence prevention programs for youth in Butte County.

**CHINATOWN SERVICE CENTER**

Los Angeles, CA

*\$100,000 over two years*

For core operating support to expand a middle-school-based program for violence prevention to include case management and counseling for high school youth in Los Angeles.

**COURT DESIGNATED CHILD ADVOCATES, INC.**

San Jose, CA

*\$50,000 over two years*

For core operating support to provide mentoring services to abused and neglected children in the foster care systems of Santa Clara and San Mateo counties.

**GIRLS AND GANGS**

Pasadena, CA

*\$85,000 over two years*

For core operating support to provide violence prevention and self-esteem workshops to young girls at the Camp Scott juvenile facility.

**HAVEN HILLS, INC.**

Canoga Park, CA

*\$50,000 over two years*

For core operating support to provide comprehensive services to women and children affected by domestic violence in the San Fernando Valley.

**HOMIES UNIDOS, INC.**

Los Angeles, CA

*\$75,000 over two years*

For core operating support to provide gang violence prevention and intervention services to Central American youth in Los Angeles County.

**LAO IU MIEN CULTURE ASSOCIATION, INC.**

Oakland, CA

*\$85,000 over two years*

To prevent violence and reduce gang involvement through workshops and a mentoring program for Lu Mien youth and their families in the San Francisco Bay Area.

**MOVE**

San Francisco, CA

*\$75,000 over two years*

For core operating support to provide education, training and counseling services to prevent domestic violence in the San Francisco Bay Area.

**PARTNERS, A UMC MENTORING PROGRAM**

San Diego, CA

*\$75,000 over two years*

For core operating support to prevent violence through the provision of mentoring and case management services to first-time offenders and at-risk youth in central and southern San Diego County.

**PEACE GAMES, INC.**

Los Angeles, CA

*\$75,000 over two years*

To pilot a violence prevention curriculum for children in three elementary schools in Los Angeles.

**WATTS CENTURY LATINO ORGANIZATION**

Los Angeles, CA

*\$100,000 over two years*

To support the School/Community Violence Prevention Network Program serving South Central Los Angeles residents.

**WILD IRIS WOMEN'S SERVICES**

Bishop, CA

*\$75,000 over two years*

For core operating support to provide services to victims of domestic violence, child abuse, and sexual assault in Inyo and Mono counties.

*Work and Health***CALIFORNIA CONSERVATION CORPS**

Klamath, CA

*\$75,000 over three years*

To implement and evaluate an educational and treatment program addressing substance abuse problems among corps members.

## **CENTER FOR THE INCLUSIVE WORKPLACE**

Los Angeles, CA

*\$100,000 over two years*

To provide services that improve the health of low-income women with multiple health risks by helping them gain and keep employment.

## **THE CHRYSALIS CENTER**

Los Angeles, CA

*\$75,000 over two years*

For core operating support to improve the health of individuals who are homeless, formerly homeless or at risk of homelessness by providing case management and mental health services designed to enhance a client's capacity to find and keep a job.

## **GREATER GOLDEN HILL COMMUNITY DEVELOPMENT CORPORATION**

San Diego, CA

*\$75,000 over two years*

To improve health services to the elderly by supporting the training of new and incumbent allied health care professionals through its Health Careers Academy.

## **LA RAZA CENTRO LEGAL**

San Francisco, CA

*\$50,000 over two years*

To provide health promotion programs and services to day laborers in the San Francisco Bay Area.

## **THE LEGAL AID SOCIETY OF SAN FRANCISCO**

San Francisco, CA

*\$100,000 over two years*

To provide counseling, outreach, education and representation to low-income workers whose health conditions place them at risk of losing their employment and further deterioration of their health.

## **LOS ANGELES ALLIANCE FOR A NEW ECONOMY**

Los Angeles, CA

*\$50,000 over two years*

To continue to conduct outreach and education about the benefits of health insurance to employees and their employers covered under the Los Angeles Living Wage Ordinance.

## **THE SAN DIEGO FOUNDATION**

San Diego, CA

*\$100,000 over two years*

To implement a project that provides financial support to local organizations that seek to improve the health of low-wage workers in San Diego County.

## **SAN DIEGO SECOND CHANCE PROGRAM**

San Diego, CA

*\$75,000 over one year*

For "Pathways to Success Counseling Services," a mental health service component of a job readiness program for the long-term unemployed.

## **THE SAN FRANCISCO FOUNDATION**

San Francisco, CA

*\$100,000 over two years*

To implement a project that provides financial support to local organizations that seek to improve the health of low-wage workers in the Bay Area.

## **SPIRIT OF WOMAN OF CALIFORNIA, INC.**

Fresno, CA

*\$100,000 over two years*

For core operating support for health and wellness services to women recovering from substance abuse so they can gain and keep employment.

## **SPECIAL PROJECTS FUND**

### *Border Health*

## **BI-NATIONAL AIDS ADVOCACY PROJECT**

San Diego, CA

*\$200,000 over two years*

For core operating support to strengthen and enhance HIV prevention and advocacy efforts.

## **CAMPESINOS UNIDOS**

Brawley, CA

*\$115,000 over two years*

To sustain community organizing and advocacy efforts to promote environmental health for the people of Calexico, on behalf of the Calexico New River Committee.

## **PROJECT CONCERN INTERNATIONAL**

National City, CA

*\$1,100,000 over two years*

To support the implementation of a binational, multidisciplinary model for cross-border health care services.

### *Children and Youth*

## **ALLIANCE FOR CHILDREN'S RIGHTS**

Los Angeles, CA

*\$100,000 over two years*

To support a project to help poverty-level children in foster care to have continuous access to quality health care in Los Angeles County.

## **AMERICAN YOUTH WORK CENTER**

Washington, D.C.

*\$150,000 over three years*

For core operating support to continue coverage of adolescent health issues and California-based content in the newspaper, *Youth Today*.

**BERKELEY BIOTECHNOLOGY EDUCATION INC.**

Berkeley, CA

*\$120,000 over two years*

For core operating support to provide education and employment opportunities for at-risk youth in the bioscience and health care industries.

**CALIFORNIA PARTNERSHIP FOR CHILDREN**

Sacramento, CA

*\$150,000 over two years*

For core operating support to strengthen organizational infrastructure, which will allow expansion of statewide child health advocacy efforts.

**THE CHILDREN'S PLANNING COUNCIL FOUNDATION, INC.**

Los Angeles, CA

*\$500,000 over two years*

For core operating support for a coordinated public/private effort to build healthier communities for children and families in Los Angeles County.

**CITY SCHOLARS FOUNDATION**

Los Angeles, CA

*\$50,000 over two years*

To develop community health programs that serve economically disadvantaged children and youth.

**COLEMAN CHILDREN AND YOUTH SERVICES**

San Francisco, CA

*\$100,000 over two years*

To support advocacy and organizing efforts to improve the health and wellness of San Francisco's children.

**CURE AUTISM NOW**

Los Angeles, CA

*\$100,000 over two years*

To support a parent outreach project that provides help and resources through a hotline and support groups and educates parents and the public about autism.

**FIGHT CRIME: INVEST IN KIDS CALIFORNIA**

Oakland, CA

*\$100,000 over two years*

For core operating support to educate the public and policymakers about the need to increase resources statewide for after-school programs and other effective violence prevention policies.

**HELEN KELLER INTERNATIONAL, INC.**

New York, NY

*\$150,000 over two years*

For core operating support for the Los Angeles ChildSight program that provides free vision screenings and glasses to public middle-school students in Los Angeles County.

**LOS ANGELES YOUTH NETWORK**

Los Angeles, CA

*\$300,000 over two years*

For core operating support to provide comprehensive health and social services for homeless youth.

**STANFORD MEDICAL YOUTH SCIENCE PROGRAM**

Palo Alto, CA

*\$100,000 over one year*

For core operating support to promote representation of ethnic minorities and low-income groups in the health professions.

**Culture-Specific Programs****LIBRERIA DEL PUEBLO INC.**

San Bernardino, CA

*\$300,000 over two years*

To recruit and train health promoters in San Bernardino to increase access to culturally appropriate health care services.

**MERCED LAO FAMILY COMMUNITY INC.**

Merced, CA

*\$100,000 over two years*

To provide health education services to the Southeast Asian community in Merced.

**UNITED INDIAN HEALTH SERVICES INC.**

Trinidad, CA

*\$200,000 over two years*

For core operating support for the traditional health and wellness component of the Potawat Health Village Project serving the American Indian communities of Humboldt and Del Norte counties.

**VIETNAMESE COMMUNITY OF ORANGE COUNTY INC.**

Santa Ana, CA

*\$150,000 over two years*

To provide comprehensive health services for Vietnamese women.

## Foundation Partnerships

### COMMUNITY FOUNDATION SILICON VALLEY

San Jose, CA  
*\$500,000 over two years*  
To expand a comprehensive health and social support program to increase self-sufficiency of families in the Mayfair neighborhood of East San Jose.

### FOUNDATION CONSORTIUM

Sacramento, CA  
*\$400,000 over two years*  
For core operating support to improve the health and well-being of children, youth and families through integrated preventive services.

### THE LOS ANGELES UNITED METHODIST URBAN FOUNDATION

Los Angeles, CA  
*\$200,000 over two years*  
To increase faith-based, community health activities that improve the health of residents in 20 Los Angeles County neighborhoods.

### OPEN SOCIETY INSTITUTE

Los Angeles, CA  
*\$200,000 over two years*  
To increase immigrants' access to health care by providing grants through the Immigrant Funders' Collaborative.

### SAN DIEGO FOUNDATION FOR CHANGE

San Diego, CA  
*\$100,000 over two years*  
For core operating support to provide health promotion grants and technical assistance to organizations serving underserved populations in San Diego County.

## HIV/AIDS

### AIDS PARTNERSHIP CALIFORNIA

San Francisco, CA  
*\$150,000 over two years*  
For core operating support to strengthen the organization's efforts to provide grants to community-based organizations that provide services for persons of color living with HIV.

### AIDS PROJECT CENTRAL COAST

Santa Barbara, CA  
*\$40,000 over two years*  
For core operating support to strengthen a comprehensive and integrated set of HIV/AIDS prevention programs in Santa Barbara County.

### AIDS PROJECT LOS ANGELES

Los Angeles, CA  
*\$40,000 over two years*  
To support, develop and disseminate *Impacto*, a bimonthly, Spanish-language publication providing HIV prevention and treatment information.

### BLACK COALITION ON AIDS

San Francisco, CA  
*\$50,000 over two years*  
For core operating support to strengthen HIV/AIDS prevention programs and organizational capacity.

### CORRECT HELP

West Hollywood, CA  
*\$40,000 over two years*  
For core operating support to strengthen HIV/AIDS prevention education and advocacy work in California's correctional facilities.

## PROJECT NEW HOPE

Los Angeles, CA  
*\$100,000 over two years*  
To strengthen prevention and support services for those infected and affected by HIV/AIDS in Los Angeles.

## VENTURA COUNTY AIDS PARTNERSHIP

Camarillo, CA  
*\$80,000 over two years*  
For core operating support to strengthen HIV prevention education and AIDS patient care services in Ventura County.

## Next Generation Leadership

### CALIFORNIA TOMORROW

Oakland, CA  
*\$100,000 over two years*  
To support the training of California-based health care providers as part of a national network of professionals committed to embracing principles of equity and diversity.

### MULTICULTURAL COLLABORATIVE

Los Angeles, CA  
*\$150,000 over two years*  
For core operating support to broaden and deepen multiethnic networks to prevent interethnic conflict and violence in Los Angeles.

### THE NATIONAL CONFERENCE FOR COMMUNITY AND JUSTICE INC.

Los Angeles, CA  
*\$100,000 over two years*  
To support the Brotherhood/Sisterhood Camp and Youth Leadership Program that promotes the prevention of violence.

**THE NEW MILLENNIUM.ORG**

Albany, CA

*\$50,000 over six months*

For the planning phase of a new statewide fellowship program that will build skills of young, emerging leaders from low-income communities who intend to work on community health issues.

**PUBLIC ALLIES INC.**

Los Angeles, CA

*\$100,000 over two years*

To train Los Angeles-based young people as leaders in the nonprofit health services arena.

*Public Policy/Advocacy***CALIFORNIA CENTER FOR PUBLIC HEALTH ADVOCACY**

Santa Monica, CA

*\$200,000 over two years*

For core operating support to increase advocacy capacity at the state level.

**CALIFORNIA COALITION FOR CHILDHOOD IMMUNIZATION**

Sacramento, CA

*\$100,000 over two years*

For core operating support to strengthen organizational structure and build a strong advocacy network.

**CALIFORNIA LATINO MEDICAL ASSOCIATION**

Los Angeles, CA

*\$150,000 over two years*

To establish a statewide network of Latino physicians.

**CALIFORNIA MEDICAL ASSOCIATION FOUNDATION**

Sacramento, CA

*\$150,000 over two years*

For core operating support to increase the participation of physicians in community health efforts.

**CALIFORNIA STATE RURAL HEALTH ASSOCIATION**

Sacramento, CA

*\$150,000 over two years*

For core operating support to strengthen organizational capacity and enhance member services to improve health care services in rural communities.

**CENTER FOR HEALTH POLICY RESEARCH**

Los Angeles, CA

*\$80,000 over six months*

To broaden dissemination of a five-year retrospective report on health insurance coverage in California.

**COMMUNITY FOOD SECURITY COALITION INC.**

Venice, CA

*\$100,000 over two years*

To support statewide organizing, policy development and educational activities on community food security as a health promotion strategy for low-income families and neighborhoods.

**COMPUTERS IN OUR FUTURE STATEWIDE NETWORK**

Riverside, CA

*\$150,000 over two years*

For core operating support to sustain this network of Computers In Our Future centers that provide low-income youth and adults with technology skills training, thus improving their education and employment opportunities and long-term health outcomes.

**CORPORATION FOR SUPPORTIVE HOUSING**

Oakland, CA

*\$200,000 over two years*

For core operating support to expand the supportive housing model as a strategy to improve physical and mental health for chronically homeless individuals.

**FAMILIES USA FOUNDATION INC.**

Washington, D.C.

*\$200,000 over two years*

To inform California state and local health advocacy organizations about federal health policy development.

**THE FOUNDATION FOR TAXPAYER AND CONSUMER RIGHTS**

Santa Monica, CA

*\$150,000 over two years*

To organize a broad-based coalition to develop and advocate for a new model of universal coverage.

**FREEMAN HOSPITALS FOUNDATION**

Inglewood, CA

*\$200,000 over two years*

To support planning for community-based health services in Los Angeles County.

**FRESNO METROPOLITAN MINISTRY**

Fresno, CA

*\$150,000 over two years*

For core operating support for health care advocacy and organizing.

**HEALTH ACCESS FOUNDATION**

Oakland, CA

*\$200,000 over two years*

For core operating support to continue local and state advocacy efforts to increase access to quality health care.

**INSURE THE UNINSURED PROJECT**

Santa Monica, CA

*\$400,000 over two years*

For core operating support to identify, assist and promote new approaches to affordable and comprehensive coverage for the uninsured.



**INTERFAITH COALITION FOR IMMIGRANT RIGHTS**

San Francisco, CA

*\$150,000 over two years*

To increase immigrant access to health services by implementing public education, community capacity and advocacy efforts in faith settings statewide.

**LATINO COALITION FOR A HEALTHY CALIFORNIA**

San Francisco, CA

*\$150,000 over two years*

For core operating support to strengthen public education and advocacy efforts related to an annual Latino health policy agenda.

**LOS ANGELES METROPOLITAN CHURCHES**

Los Angeles, CA

*\$100,000 over two years*

To expand a leadership development project that focuses on community health and environmental protection among four congregations in South Los Angeles.

**MANAGED CARE CONSUMER ADVOCACY COLLABORATIVE**

Oakland, CA

*\$400,000 over two years*

To represent consumer interests in the development of regulations and policies governing the new Department of Managed Health Care and the Office of Patient Advocates.

**NATIONAL HEALTH FOUNDATION**

Los Angeles, CA

*\$100,000 over two years*

To expand HealthQuery, a health data analysis website, to become a statewide resource.

**ORANGE COUNTY CONGREGATION COMMUNITY ORGANIZATION**

Anaheim, CA

*\$350,000 over two years*

To increase equitable access to quality, affordable health care services for primarily low-income Latino residents of central Orange County.

**PEOPLE AND CONGREGATIONS TOGETHER FOR STOCKTON**

Stockton, CA

*\$100,000 over two years*

To increase access to health care for uninsured South Stockton residents.

**PUBLIC HEALTH INSTITUTE**

Berkeley, CA

*\$150,000 over two years*

For annual retreats and trainings for California state health policy/advocacy organizations.

*Safety Net Providers*

**CALIFORNIA WIC ASSOCIATION**

Sacramento, CA

*\$250,000 over two years*

For core operating support to strengthen this statewide association and build the capacity of local WIC (Supplemental Nutrition Program for Women, Infants and Children) programs.

**CENTER FOR THE ENHANCEMENT OF COMMUNITY HEALTH**

Torrance, CA

*\$150,000 over two years*

For core operating support of community outreach programs devoted to disease prevention, health promotion and community services among low-income, minority and medically at-risk Southern Californians.

**COMMUNITY HEALTH ALLIANCE OF PASADENA**

Pasadena, CA

*\$150,000 over two years*

For core operating support to provide primary and preventive health care to residents of San Gabriel Valley.

**COMMUNITY HEALTH SERVICES OF MENDOCINO COUNTY**

Ukiah, CA

*\$300,000 over two years*

For core operating support to strengthen infrastructure and support the provision of preventive health services by member clinics.

**EAST COUNTY COMMUNITY CLINIC**

El Cajon, CA

*\$125,000 over two years*

For core operating support to strengthen infrastructure and capacity to increase access to primary care.

**NORTH COAST CLINICS NETWORK**

Eureka, CA

*\$300,000 over two years*

For core operating support to strengthen network activities and support the provision of primary and preventive health services by member clinics.

**NORTHERN SIERRA RURAL HEALTH NETWORK**

Nevada City, CA

*\$300,000 over two years*

For core operating support to strengthen network activities and support the provision of primary and preventive health services by member clinics.

**PEDIATRIC AND FAMILY MEDICAL CENTER**

Los Angeles, CA

*\$150,000 over two years*

For core operating support for primary care and preventive health services in Central Los Angeles.

**REDWOOD COMMUNITY HEALTH COALITION**

Santa Rosa, CA

*\$300,000 over two years*

For core operating support to strengthen the consortia's infrastructure and support the provision of health services by member clinics.

**SAINT JOHN'S WELL CHILD CENTER**

Los Angeles, CA

*\$100,000 over two years*

To expand access to preventive and primary medical services for children of indigent families living in Compton and South Central Los Angeles.

**SALUD PARA LA GENTE INC.**

Watsonville, CA

*\$120,000 over two years*

For core operating support to provide primary care services for the medically indigent in the Pajaro Valley.

**SANTA ROSA DEL VALLE INC.**

Coachella, CA

*\$60,000 over two years*

To provide case-managed primary care and preventive health services in the Coachella Valley.

**SHASTA CONSORTIUM OF COMMUNITY HEALTH CENTERS**

Shingletown, CA

*\$300,000 over two years*

For core operating support to strengthen infrastructure and support the provision of primary and preventive health services by member clinics.

**T.H.E. CLINIC INC.**

Los Angeles, CA

*\$300,000 over two years*

For core operating support to maintain preventive and primary care services for underserved populations in Southwest Los Angeles.

**TRINITY HOSPITAL**

Weaverville, CA

*\$150,000 over two years*

To establish a dental clinic to serve low-income and uninsured residents of Trinity County.

***Strengthening Nonprofit Support Services*****CALIFORNIA ASSOCIATION OF NONPROFITS**

Los Angeles, CA

*\$150,000 over three years*

To establish a Sacramento office to strengthen public policy efforts for health and human service organizations in California.

**COMPASSPOINT NONPROFIT SERVICES**

San Francisco, CA

*\$200,000 over two years*

For core operating support to provide high-quality and affordable management assistance services to nonprofit health care organizations in California.

**NONPROFIT RESOURCE CENTER**

Sacramento, CA

*\$100,000 over two years*

To strengthen the California Management Assistance Partnership's network of management support centers that serve primarily health and social service nonprofit organizations statewide.

**THE RESOURCE CENTER FOR NONPROFIT MANAGEMENT**

Riverside, CA

*\$200,000 over two years*

To build the organizational capacity of 10 nonprofit health organizations in Riverside and San Bernardino counties.

***Women's Health*****CALIFORNIA PLANNED PARENTHOOD EDUCATION FUND INCORPORATED**

Sacramento, CA

*\$300,000 over two years*

For core operating support to enhance pregnancy prevention services to members and support litigation activities.

**CENTER FOR COLLABORATIVE PLANNING**

Sacramento, CA

*\$150,000 over one year*

To strengthen the Alumni Network of the Women's Health Leadership program and implement a fundraising plan for the Network.

**DOWNTOWN WOMEN'S CENTER**

Los Angeles, CA

*\$100,000 over two years*

For core operating support to maintain health and social services for homeless women in downtown Los Angeles.



## **HOMELESS PRENATAL PROGRAM INC.**

San Francisco, CA

*\$120,000 over two years*

For core operating support to strengthen organizational capacity for this prenatal health care program and begin implementation of a five-year strategic plan.

## **JUSTICE NOW**

Oakland, CA

*\$50,000 over two years*

To support the Peer Education Support Program, a key component of the Initiative on Health and Wellness for incarcerated women.

## **MOTHERNET L.A.**

Compton, CA

*\$150,000 over two years*

For core operating support to maintain a perinatal health education and home-visiting program based in South Los Angeles and Compton.

## **PHARMACY ACCESS PARTNERSHIP**

Oakland, CA

*\$100,000 over one year*

For core operating support to expand access to emergency contraception.

## **WOMEN'S HEALTH COLLABORATIVE**

Oakland, CA

*\$300,000 over two years*

For core operating support to maintain a leadership and policy development program for women's health activists throughout the state.

## *Other Special Projects Fund Grants*

## **CALIFORNIA INSTITUTES OF PREVENTIVE MEDICINE**

La Jolla, CA

*\$50,000 over one year*

For a planning grant to develop a prototype for a statewide network of nonprofit preventive medicine centers.

## **LOS ANGELES OPERATION HOPE**

Los Angeles, CA

*\$60,000 over one year and six months*

To identify the health needs and resources in South Central Los Angeles neighborhoods to improve population health.

## **URBAN & ENVIRONMENTAL POLICY INSTITUTE, OCCIDENTAL COLLEGE**

Los Angeles, CA

*\$200,000 over two years*

To mobilize communities around commercialization of professional wet cleaning to reduce acute and chronic health risks associated with dry cleaning.

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The  
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Foundation

*Grantmaking for a Healthier California*

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